

next chapter



*rebuilding lives beyond
separation and divorce*

for your information:

Central Presbyterian Church has been coming alongside those walking through the grief of divorce and helping them rebuild their lives for over 20 years. Over 2000 people in the St. Louis area have participated in Central's divorce recovery groups.

The Next Chapter leaders are not professional counselors. Each leader, however, has been through a divorce, has personally participated in a divorce recovery group, and meets certain criteria and training to lead in this ministry.

Central Presbyterian Church is pleased to offer this ministry as a source of comfort, hope, change and new wholeness. For more information on Next Chapter please contact the Director, Clay Coffee, at 314-854-0194 or ccoffee@centralpres.com.



Next Chapter is a ministry of
Central Presbyterian Church
7700 Davis Drive
Clayton, Missouri 63105
314-727-2777

www.centralpres.com

Next Chapter Payment Form (all information will be considered confidential)

Please enclose a \$25.00 non-refundable registration fee and indicate your payment option from the list below. You may pay the balance by the first group meeting or in payments. Partial scholarships are available.

Payment Option (please check one)	Registration Fee	Payment	Total Fee
_____ Payment in full by first group meeting	\$25	\$50	\$75
_____ Two monthly payments	\$25	\$25/\$25	\$75
_____ Need partial scholarship	\$25		

Registration information is on the back of this form. Please complete, detach and mail with payment to:
Central Presbyterian Church, 7700 Davis Drive, Clayton, MO 63105, 314-854-0197. Write in memo: Next Chapter.



what is next chapter all about?

Next Chapter is a ministry offering a Christian perspective for those walking through the grief of separation and divorce. This ministry provides a safe forum in which participants may deal openly and sincerely with the issues they are facing. Although Christian in its perspective, this ministry welcomes anybody who thinks they may benefit from being with others who understand the pain and disruption of the separation and divorce process.

how does a next chapter support group work?

Next Chapter provides a closed and confidential support group for those experiencing the pain of separation and divorce. Each group is led by trained male and female facilitators who have personally experienced the crisis of divorce. Participants are assigned to a group that meets during the week in the comfort of a facilitator's home for a period of fourteen weeks. Groups are comprised of men and women and usually include no more than ten members. These groups are started regularly based on the interest of participants and the availability of trained leaders. The cost structure and instructions for reserving a spot in our next available support group are included on the registration form.



what curriculum does the program use?

Our curriculum is based on *Recovery from Divorce* by Bob Burns, *The Fresh Start Divorce Recovery Workbook* by Bob Burns and Tom Whiteman, and *The Complete Divorce Recovery Handbook* by John Splinter. These books take the group through the following important divorce recovery issues:

- Understanding the "grief cycle" and its impact
- Handling the emotional roller coaster that is present in divorce
- Confronting feelings of guilt, fear, and anger
- Dealing with your ex-spouse
- Responding to your children
- Issues around the separation/reconciliation struggle
- Reentry into the single life
- Communication and conflict
- Perspectives on divorce and remarriage
- Learning to forgive



Next Chapter Registration Form (all information will be considered confidential)

Name: _____ Email: _____

Address: _____ street/box/apt.# _____ city/state/zip _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Status of divorce proceedings: Separated (date) _____ Filed (date) _____ Divorce Final (date) _____

The following information will be used for reference in group placement:

Age (check one): 20s _____ 30s _____ 40s _____ 50+ _____ Number of years married: _____

Ages of children: _____ Referred to Next Chapter by: _____

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